

# A Brain for Life

*With Bette Lamont*

12 hour Online Course

Bette Lamont has been a practitioner of NeuroDevelopmental Movement since 1987. As a student of one of the founders of the work, Florence Scott, R.N. she has not only embraced and brought forward the vast body of materials created by Ms. Scott but has also expanded their use in the treatment of trauma, including adoption trauma, autism spectrum disorders and the growing list of mental health issues surfacing in children in the current era.

Bette Lamont graduated from the Laban Institute for Movement Studies in 1985, the NW NeuroDevelopmental Training Center in Oregon in 1987, and has a B.A. and teaching certificate from the University of Washington, in addition to a wide range of studies in psychology, dance therapy, and child development. She has trained professionals and worked with clients throughout the United States and the U.K., where her work was researched and used to create the new MOVERS standards for nurseries in England. Her collaboration with Jabadao, a center for movement research in Leeds, England, led to an award for that organization from the Queen in the early 2000s.

## **Course Description**

Whether you work teaching learning disabled children, in psychotherapy with families, or in social work with behaviorally challenging children, this course will give you the beginning tools to create an effective program for children and adults that will address areas of the Pons and Midbrain area that prevented them from reaching their potential.

You will learn

- How to explain the Developmental Sequence, which is the basis of our assessment process
- How to test and assess the Pons and Midbrain levels of the central nervous system, including sensory, motor and reflex functions
- How to interpret testing to create a profile of central nervous system gaps that lead to treatment protocols.
- How, why and when to use the Tonic Neck Pattern
- How vestibular movement impacts development
- How to create a basic NeuroDevelopmental program for each client.
- How to screen individuals for their potential success with a NeuroDevelopmental program.

## Course Layout

### Section 1

**Video 1**—Introduction 40min

**Video 2**—Normal Neurological Development | Spinal Cord and Medulla 26min

**Video 3**—Normal Neurological Development | Tying up the Spinal Cord/Medulla Level and Introduction to the Pons Level, Symptoms of Pons level immaturities and How to ‘see’ movement 2hours 30min

**Video 4**—How did Children Get This Way? | Tests of Pons dysfunctions 1hour 5min

**Assignment before moving forward.**

### Section 2

**Video 5**—The Midbrain Level 1hr 45min

**Video 6**—Observing Hands and Knees Creeping and Taking Histories 36min

**Video 7**—Evaluation Tools, Classroom Environments that support development, Program Assignments and the Vestibular System 1hr10min

**Video 8**—Using Tools from this Course, How to Stay Connected 1hr 7min

**Assignment.**